

Conference Catering from Sands Catering

Example Menu's for Level 3

Menu 1

Meat Lasagne

Penne Fiorentina (Penne Pasta with peppers in a rich Napoli sauce)

Mozzarella Salad tricolore Salad

Italian Roasted Vegetables

Mixed Italian Breads

Tiramisu

Menu 2

Bangers (Cumberland sausages & Creamed Mash with onions and gravy

(Veg Bangers Provided)

Buttered Carrots & Swede

Apple Pie & Custard

Menu 3

Thai Green Curry

Veg Curry

Boiled Rice

A selection of Samosas & onion bhajis (served cold)

Green Salad

Tropical Fruit Salad with cream

Menu 4

Beef bourguignon served with Spicy potato wedges

Pasta Provincial with seasonal vegetables

Green beans and buttered carrots

Lemon tart and crème fraiche

Menu 5

Chicken Cacciatore served with sauté potatoes

Mushroom risotto

Char grilled sotto olio Italian style vegetables

Mixed Italian Breads

Chocolate Profiterolls

Menu 6

Poached salmon in a cream and fennel white sauce

Aubergine Parmesan

Mange tout and baby sweet corn

New potatoes in Rosemary

Chocolate truffle cake

Menu 7

Grilled Chicken Souvlaki

Lamb Koftas

Grilled Veg skewers

Herb cous cous

Humous

Greek flat breads

Sliced Melon, Greek yogurt, honey & Baklava OR Vanilla Cheesecake

Menu 8

Sweet & Sour Chicken

Medallions of Beef in black bean sauce

Chinese Stir-fry Vegetables

Egg Fried Rice

Boiled Rice

Exotic Fruit salad & cream

Menu 9

Sizzling chicken Fajitas with red and green peppers & onions (& flour tortillas)

Chilli Con Carne with rice (veg chilli provided)

Spicy Potatoes wedges

Sweet corn & red pepper salad

Nachos and dips

St Honore Dessert

Menu 10

Chicken Korma

Vegetable Jalfreze

Served with Basmati rice

Saag aloo (potato and spinach)

Plain & Peshwari Naan

Exotic Fruit Salad & Cream

Menu 11

Steak & Merlot Pie

Served with Green beans, buttered carrot & Creamed Mash

Apple Pie and custard or Bread and butter pudding with cream

Menu 12

Cod fillets in a Cream in a white sauce or Luxury Fish Pie

Served with new potatoes & broccoli

Lemon Tart with Cream